Our Story

AHEAD is an acronym for Adventures in Health, Education and Agricultural Development. AHEAD, Inc. was founded in 1981 by Dr. Irving C. Williams and his wife, Mrs. Elvira F. Williams. AHEAD, Inc. is a non-profit, non-governmental organization whose mission is to partner with underserved communities in developing countries to improve the quality of life by implementing programs that lead to self-reliance.

Our goals are to:
1. Reduce and eliminate disease and premature death;
2. Cultivate and advance healthy living and;
3. Foster sustainable environmental activities.

AHEAD carefully conceptualizes projects and programs and implements them at the village or local level. Villagers are involved in all aspects of program planning, training, implementation, and evaluation.

AHEAD, Inc. partners with villagers, local governmental agencies, and other non-governmental organizations to address issues relating to sustainability including:
- Maternal Health
- Child Health
- Education
- Gender Equity
- Dental Health

Maruku Health Center Construction
Bukoba, Tanzania

Completed

constructed with generous support from AHEAD, Inc. (USA)

Maternal & Child Health

Maternal and child health are interrelated. More than 300,000 women die annually from complications related to pregnancy and childbirth.

Many children under the age of 5 are born underdeveloped and malnourished; malnutrition and nutritional deficiencies continue to affect many children resulting in Anemia and stunted growth.

To address these challenges, AHEAD, Inc. gives priority to child survival and safe motherhood programs which focus on pre and postnatal care, growth monitoring, family planning, nutrition, and immunizations.

Dental Health

Chronic inflammation in the mouth is tied to degenerative diseases directly in early ages. AHEAD’s Dental Program enables people to understand these relationships early. We educate patients to be mindful of their oral health and how it affects their general wellbeing. Poor oral health can contribute to systemic health issues, such as heart disease, pregnancy complications, diabetes, and oral cancer.

How You Can Help:

1. DONATE

AHEAD NEEDS YOUR SUPPORT!
Please make your tax-deductible donation and make a life changing impact today. Your contribution will help combat poverty, premature death and disease, and will help to Save Lives Today and Sustain Communities Tomorrow. 94% of donations go directly to programs for women, infants, children and youth.

2. VOLUNTEER

AHEAD is a People-to-People Experience!
AHEAD has provided a unique opportunity for more professionals, as well as undergraduate and graduate students to work side by side with their African counterparts.

Volunteer Opportunities Include:
- Website update and maintenance
- Social Media development and upkeep
- Data management
- Organizing fundraisers
- Service trip logistics
- Volunteer coordination
- Graphic Design
- Photo and Video creation, and
- Consulting on environmental and technology services

Be a Friend of AHEAD, Inc.

I’m in! Sign me up for:

Availability:
- Daily
- Weekly
- Monthly
- Annually
- As Needed

Name:
Address:
City:
State:
Zip Code:
Phone:
Email Address:

AHEAD, Inc. is a qualified 501(c)(3) non-profit and non-governmental organization.
MAIL-IN DONATION FORM

Enclosed is my tax-deductible donation of:

Amount: $15 \$25 \$50 $100 $250 $ Other

DONATE TOWARDS A PROGRAM

☐ Maternal Health ☐ Education
☐ Gender Equity ☐ Child Health
☐ Dental Health ☐ Malaria Elimination
☐ Environmental Health ☐ Leadership Development
☐ Poverty Elimination

☐ This is a One-Time Donation.
☐ This is a Recurring Donation

FREQUENCY:

☐ Bi-Weekly ☐ Monthly ☐ Quarterly ☐ Yearly

☐ My donation is dedicated to someone special:

FREQUENCY:

☐ CHECK ☐ MONEY ORDER
☐ PAYROLL DEDUCTION
☐ CREDIT CARD (Online Only)

(SCAN CODE TO DONATE ONLINE)

ACCOMPLISHMENTS

- Installed photovoltaic systems (Solar Systems) for lights and refrigeration in health facilities at Shiandyana Regional Hospital, Meatu District Hospital, Kishapu Rural Health Center, and Lindi District Secondary School.
- Constructed a 50,000 gallon water catchment system for Kishapu Rural Health Center.
- Established health outreach programs for 32 villages in Meatu District and Kishapu District.
- Implemented a Nutrition Rehabilitation Program and Oral Rehydration Therapy training for health providers.
- Implemented successful solar pasteurization training programs for health providers, youth and mothers to prevent diarrheal diseases.
- Received Ashden Trust Award from HRH Princess Anne of United Kingdom.
- Raised immunization coverage in Meatu District from 27% to 98% for children five years old and under, earning accolades from UNICEF.
- Increased the number of women receiving pre-natal services from 4% to 70% in Meatu.
- Reduced malnutrition among five years and under from 20% to 2% in Meatu.
- Constructed and renovated 7 health dispensaries in Meatu District.
- Constructed science laboratory and class room at Chanzige Secondary School in Kisarawe District.
- Awarded 1635 scholarships for youth attending secondary and vocational schools.
- Built dormitories for girls at Mazinga and Janggo Secondary Schools in Kisarawe District.
- Installed electrification in Bukara Secondary School in Bukoba Rural District.
- Constructed lavatories for girls and 60,000 liter water tank at Bukara Secondary School in Bukoba Rural District.
- Donated more than $10 million worth of medicines and medical supplies, dental equipment and supplies, books and educational materials, and agricultural supplies for health facilities, schools and women's groups in Tanzania.

LEADERSHIP

Dr. Ruby Burgess, President
Lisa T. Gordon, Vice President
Paul Hurlbut Jr., Secretary
Richard McManus, Treasurer
Dr. Apollinaire Ngirwa, Project Coordinator
Malcolm Gee, Education Director
Elvira F. Williams, Executive Director
Dr. Irving C. Williams, Medical Director

AHEAD, Inc. is a registered 501(c)(3) Non Profit Organization
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AHEAD
Saving Lives
TODAY, Sustaining Communities for a brighter FUTURE

Join Us...

www.aheadinc.org